

#### CADAVER US-GUIDED INTERVENTIONS ON THE LOWER LIMB

practical training on human unfixed specimens

#### 11th March 2023

#### **COURSE DIRECTORS:**

Prof. Iwona Sudoł – Szopińska, MD, PhD Vice Chairperson of the Sports Section of the PLTR

Elena Drakonaki, MD, PhD, PostDoc, EDiMSK Assistant Professor of Anatomy Medical School, University of Crete, Greece

### **FACULTY:**

Dr Elena Drakonaki Dr Beata Ciszkowska-Łysoń Dr Gaurav Sharma Dr Maciej Bień

## **Co-organizers:**

Department of Radiology,

National Institute of Geriatrics, Rheumatology and Rehabilitation, Warsaw, Poland



Department of Anatomy, School of Medicine, University of Crete

# Partners:

Sports Section of the Polish Radiological Society







# **COURSE PROGRAM:**

08:30-09:00	Registration
LECTURES:	
09.00 - 9:10	<b>US - guided hip and knee joint injections</b> (indications, material, injectable, position, different approach, post procedure, complications) - Maciej Bień
9:10 - 9:20	US-guided interventions for tendinopathy of the hip and knee (indications, material, injectable, position, different approach, post procedure, complications) – Gaurav Sharma
9:20 - 9:30	US -guided ankle and foot peritendinous injections (indications, material, injectable, position, different approach, post procedure, complications) - Elena Drakonaki
9:30 - 9:40	US - guided ankle and foot joint injections (indications, material, injectable, position, different approach, post procedure, complications) – Maciej Bień
9:40 - 9:50	US-guided therapy of Morton's Neuroma (indications, material, injectable, position, different approach, post procedure, complications) – Elena Drakonaki
9:50 - 10:00	US-guided interventions for Achilles tendon enthesopathy (indications, material, injectable, position, different approach, post procedure, complications) – Gaurav Sharma
10:00 - 10:10	US-guided interventions for plantar fasciitis (indications, material, injectable, position, different approach, post procedure, complications) – Gaurav Sharma
10:10 - 10:20	<b>US-guided nerve blocks</b> (indications, material, injectable, position, different approach, post procedure, complications) - Beata Ciszkowska-Łysoń
10:20 - 11:00	Coffee break
11:00 - 13:00	Hands on – Part I: US guided Interventions
13:00 - 13:30	Lunch
13:30 - 17:00	Hands on – Part II: US guided Interventions